



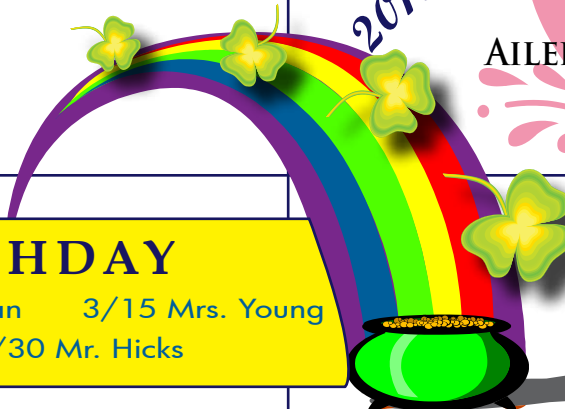


# MARCH 2010

# BEFORE SUITES/Memory Loss Care

www.Plantation-Pointe.net

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -BINGO w/ Prizes 3:00 -Refreshments 5:00 -Supper</p>	<p><b>2</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 1:00 -Spa Day 3:00 -Refreshments 3:30 -Soft Music</p>	<p><b>3</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Story Time (non-fiction) 3:00 -Refreshments</p>	<p><b>4</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Arts &amp; Crafts 3:00 -Refreshments</p>	<p><b>5</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Puzzle Hour 3:00 -Refreshments</p>	<p><b>6</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Movie Time (comedy) 3:00 -Refreshments</p>	
<p><b>7</b></p> <p>9:00 -Devotional 10:00 -First Baptist Church 11:30 -Lunch 2:00 -Social w/ Guitar Man 3:00 -Relaxation Time 3:30 -Refreshments</p>	<p><b>8</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Word Game 3:00 -Refreshments</p>	<p><b>9</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 1:00 -Spa Day 3:00 -Refreshments 3:30 -Soft Music</p>	<p><b>10</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:00 -Lunch 2:00 -Story Time (fiction) 3:00 -Refreshments</p>	<p><b>11</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:00 -Lunch 2:00 -Arts &amp; Crafts 3:00 -Refreshments</p>	<p><b>12</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Puzzle Hour 3:00 -Refreshments</p>	<p><b>13</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Movie Time (drama) 3:00 -Refreshments</p>
<p><b>14</b> Daylight Savings Time Spring Forward </p> <p>9:00 -Devotional 10:00 -First Baptist Church 11:30 -Lunch 2:00 -Social w/Ice Cream 3:00 -Relaxation Time</p>	<p><b>15</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Noodleball 3:00 -Refreshments</p>	<p><b>16</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 1:00 -Spa Day 3:00 -Refreshments</p>	<p><b>17</b> Happy St. Patrick's Day </p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Story Time (non-fiction) 3:00 -Refreshments <b>WEAR Green TODAY!!</b></p>	<p><b>18</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Arts &amp; Crafts 3:00 -Refreshments</p>	<p><b>19</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Puzzle Hour 3:00 -Refreshments</p>	<p><b>20</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Movie Time (action) 3:00 -Refreshments</p>
<p><b>21</b></p> <p>9:00 -Devotional 10:00 -First Baptist Church 11:30 -Lunch 2:00 -Social w/Bro. Melvin 3:00 -Refreshments</p>	<p><b>22</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -BINGO w/ Prizes 3:00 -Refreshments</p>	<p><b>23</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 1:00 -Spa Day 3:00 -Refreshments</p>	<p><b>24</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Story Time (fiction) 3:00 -Refreshments</p>	<p><b>25</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Arts &amp; Crafts 3:00 -Refreshments</p>	<p><b>26</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Puzzle Hour 3:00 -Refreshments</p>	<p><b>27</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Movie Time (western) 3:00 -Refreshments</p>
<p><b>28</b> Palm Sunday </p> <p>9:00 -Devotional 10:00 -First Baptist Church 11:30 -Lunch 2:00 -Social 3:00 -Relaxation Time</p>	<p><b>29</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -BINGO 3:00 -Refreshments</p>	<p><b>30</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 1:00 -Spa Day 3:00 -Refreshments</p>	<p><b>31</b></p> <p>9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Story Time (non-fiction) 3:00 -Refreshments</p>			
 <p>MEMORY LOSS CARE at THE ARRINGTON</p>			<p><b>HAPPY BIRTHDAY</b></p> <p>3/06 Mr. Webb    3/12 Mr. Killman    3/15 Mrs. Young 3/23 Mrs. Glasgow    3/30 Mr. Hicks</p>			<p><i>2010 Valentine King &amp; Queen</i></p> <p><b>MR. CARL AND AILEEN WINDERS</b></p> 
<p><i>Activities subject to Change...</i></p> <p><b>All CHANGES WILL BE ANNOUNCED.</b></p>						

Return Service Requested

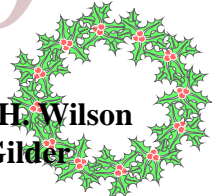


# The Good *life*

Welcome to the March 2010 issue of "The Good Life" from Plantation Pointe Retirement Community in historic Columbus, Mississippi. The Plantation Pointe Retirement Community is for seniors who enjoy life and want to live it well. Locally owned and operated, Plantation Pointe is a modern campus of senior services where life is enriched and celebrated everyday | [www.Plantation-Pointe.net](http://www.Plantation-Pointe.net).



**Congratulations to the door winners: Hall #1 - Mrs. Duncan    Hall #2 - Mrs. H. Wilson  
 Hall #3 - Mrs. Green    Hall #4 - Mr. Gilder**



Newsletters by [www.DouglasUSA.com](http://www.DouglasUSA.com)

## Chaplain Cannady Comes to Plantation Pointe Retirement Community



Since day one, Plantation Pointe Retirement Community Pastoral Care Chaplain Nick Cannady, has done a great job of introducing himself and being of service. With so much going on daily, "Brother" Nick has already been pulled in all directions. Nick has been a resident of Columbus for the past nine years and is an active member of Fairview Baptist Church in Columbus, Mississippi. He has been married for 11 years and the father of his beautiful nine year old daughter.

Brother Nick is an avid Alabama football and University of North Carolina basketball fan, who loves Chicago Cubs baseball, and the Andy Griffith television show. His hobbies include spending quality time with friends and family, singing, SEC football, and golf. To contact Chaplain Nick, call (662) 241-5518 ext. 298 or e-mail him at [ncannady@plantation-pointe.net](mailto:ncannady@plantation-pointe.net).



The Arrington's New Year's Eve Wine and Cheese Social was a lot of fun. The Resident's and staff enjoyed the time together. Everyone wore New Year's hats and made lots of noise with noisemakers. The social ended with the staff dancing to the electric slide.

*at The Arrington* **2010 Valentine King & Queen**  
**MR. CARL AND AILEEN WINDERS**

The Arrington's had their First Valentine's Ball on February 12th in the East Parlor. The music was provided by jazz player, Tony Derrico. Refreshments were served and pictures were taken. The king and the queen of the ball were crowned.

*at Windsor Place* **2010 Valentine King & Queen**  
**MR. CHUCK FERGUSON AND MS MARGARET STREET**

