

FREE ASSISTED LIVING COUNSELING

FAMILY IS FOREVER
at The Arrington



ASK JAN
(662) 241-0001

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Jan McCafferty is a longtime healthcare administrator and Columbus, Mississippi resident with decades of experience in compassionately accommodating seniors in assisted living. Jan possesses a wealth of fact-based knowledge necessary to compare assisted living facilities, and she welcomes family and loved ones' inquiries.

FREE Assisted Living Counseling Services hits the "high points" of what family members and their loved ones should investigate, understand, and use to determine which assisted living facility best fulfills family needs.

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- 1** When choosing an assisted living facility, understand and document your or your loved one's specific needs and wants to move forward judiciously. Consider location, distance from family members, size, services, cost, security, onsite healthcare services compared to needs, and reputation.

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- 2** Always schedule a visit to see if a considered assisted living facility meets your or your loved one's expectations.

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- 3** Inquire if an assisted living facility offers different units, such as private, shared, or larger apartments.

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- 4 Understand the financial responsibilities of assisted living by asking for a detailed list of fees and services the facility offers.

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- 5 What policies does the assisted living facility require of its residents and visitors, such as visiting hours, mealtimes, and other rules?

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- 6 Ask about staffing healthcare experience, ratios, and tenures, mainly how many staff members are available per resident at any given time and how long they have worked there.

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- 7 Compare an assisted living facility's healthcare options and services to the other facilities you're considering, such as medication management, physical therapy, skilled nursing, memory loss and Alzheimer's, or hospice care.

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- 8 Learn if the facility features enrichment activities matching your or a loved one's interests and hobbies.

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- 9 Do you or a loved one need transportation to doctors or shopping? Understand what transportation options are available for residents and if they're provided free or at a cost. Be sure to ask about the age of the vehicles and the qualifications and safety record of drivers.

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- 10 How prepared is the assisted living facility being considered? Ask about how the facility trains for and responds to emergencies and how equipped it is for power outages or natural disasters.

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- 11 Ask about safety, hygiene, and infection control regarding the facility's safety record and measures instituted to protect residents from accidents and infections.

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- 12 Understand the assisted living facility's social and spiritual activities and how they compare to what you or your loved one expects, needs, or wants.

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- 13 Any search for an assisted living facility should begin before it's needed. Rushing the evaluation process is never recommended. Begin your search early and choose the best fit after weighing your most essential requirements before selecting the best-assisted living facility for you or your loved one.

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